



Series 2. Episode 20
Turning *Little Stones* show notes
with Rachel Divall from *Perfectly
Patched*

Passing the Baton
with Rachel Divall

In this podcast, we celebrate the evolution of Turning *Little Stones* as we pass the baton to Rachel Divall. Rachel is about to launch her podcast show, **Perfectly Patched**. We are so grateful that she will keep all Turning *Little Stones* content accessible into the future. Exciting times!

We previously met Rachel in Season 1; episodes 14,15 & 22, where she introduced us to her story, and shared her particular passion for supporting families who adopt and foster. In episode 22, she shared how vital it is for *all* children to develop secure attachments.

She explains that blended families are such a part of our society and yet we seem to expect our children to “magically adapt”.

The understanding she has gleaned personally and professionally is “transferable and relevant for all families”. Rachel’s personal experience is rooted in sound theory and research. In *Perfectly Patched Podcasts*, she will share the real experiences of some amazing people, tease out what is relevant and share it with us all.

Why keep it to yourself?

And this aligns with the heart of Turning *Little Stones* podcasts, as we have sought to share best practice and offer insights into the inner life of young children, so that we can all understand them and interpret their behaviours differently. Our precious time with them in these fleeting precious years can truly be transformed!

The transition

Transitioning Turning *Little Stones* to **Perfectly Patched** seems natural and a testament to how change can be GOOD. Healthy Things Grow! *Perfectly Patched* will accommodate both Turning *Little Stones* Delving a Little Deeper podcasts – the last set of Delving a Little Deeper ‘Faith Matters’ is about to be published.

And so we celebrate the launch of **Perfectly Patched**, which is free to fly and flourish! Watch this space follow Rachel as she considers the many different aspects of the daunting fostering and adoption journey. As families experience change, there will be joys, hurdles, excitement and slog. Change changes people’s story. Rachel, through **Perfectly Patched Podcasts** is choosing to simply support all families through this journey, unpeeling some myths and provide what she and others often wondered...

It would have been helpful to have known!



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Why not follow **Perfectly Patched** on social media and subscribe to **Perfectly Patched Podcasts**?

Further information, practical guidance and advice are available through,

Turning Little Stones (Series 1, Episodes 14, 15 & 22) &

Delving a little Deeper

Turning Little Stones BLOG (*Healthy things grow... a fresh look at change*) September 2022

See website for details.